



Swimming

NELSON MARLBOROUGH

Long Course Championship 2021

EVENT SCHEDULE

Session 1 Warm-up from 7.15am Racing from 8.00am			Session 2 Warm-up from 3.15pm Racing from 4.00pm			Session 3 Warm-up from 7.15am Racing from 8.00am			Session 4 Warm-up from 2.15pm Racing from 3.00pm		
1	100m Butterfly	M	10	1500m Freestyle	M	22	800m Freestyle	F	32	800m Freestyle	M
2	100m Butterfly	F	11	400m Individual Medley	F	23	400m Individual Medley	M	33	400m Freestyle	F
3	200m Breaststroke	M	12	50m Freestyle	M	24	200m Butterfly	F	34	200m Backstroke	M
4	200m Breaststroke	F	13	50m Freestyle	F	25	200m Freestyle	M	35	200m Backstroke	F
5	50m Backstroke	M	14	100m Backstroke	M	26	100m Breaststroke	F	36	50m Breaststroke	M
6	50m Backstroke	F	15	100m Backstroke	F	27	100m Breaststroke	M	37	50m Breaststroke	F
7	400m Freestyle	M	16	200m Butterfly	M	28	100m Freestyle	F	38	200m Individual Medley	M
8	1500m Freestyle	F	17	200m Freestyle	F	29	50m Butterfly	M	39	200m Individual Medley	F
9	Bacon Cup 8x50 Medley Relay	Mixed	18	100m Freestyle	M	30	50m Butterfly	F	40	12xUnder 4x50m Freestyle Relay	M/F
			19	12 & Under 4x50m Medley Relay	M/F	31	Laurie Crabb 12x50 Medley Relay		41	13-14years 4x100m Freestyle Relay	M/F
			20	13-14years 4 x100m Medley Relay	M/F				42	Open 4x100m Freestyle Relay Workers Co-op	M
			21	15 & Over 4x100m Medley Relay	M/F				43	Open 4x100m Freestyle Relay Tom Boulton	F
									44	Adam & Eve 2x50 Relay	M/F

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Note: Regional Championship Age Group Matrix as per Appendix 5 – SNZ Competition Restructure & Competitive Pathway Review

Junior Regional Championship Age Group Matrix as per Appendix 6 – SNZ Competition Restructure & Competitive Pathway Review

	Freestyle						Backstroke			Breaststroke			Butterfly			Individual Medley		
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400
9 & under	√	√	√	√	✗	✗	√	√	✗	√	√	✗	√	√	✗	√	√	✗
10 years	√	√	√	√	✗	✗	√	√	✗	√	√	✗	√	√	✗	√	√	✗
11 years	√	√	√	√	✗	✗	√	√	√	√	√	√	√	√	√	√	√	✗
12 years	√	√	√	√	√	✗	√	√	√	√	√	√	√	√	√	√	√	√

Senior Regional Championship Age Group Matrix as per Appendix 6 – SNZ Competition Restructure & Competitive Pathway Review

	Freestyle						Backstroke			Breaststroke			Butterfly			Individual Medley		
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400
13 years	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
14 years	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√
15 & over	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√	√

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