



**Swimming  
Nelson Marlborough  
Country & Town  
Championships 2020**

Hosted by



Saturday 11 January 2020  
Hampden Street Pool  
Nelson

**Entry Information**

### Entries

1. Entries are to be submitted online using the SNZ Database. Swimmers must be registered as Competitive swimmers to be eligible to enter (no Club swimmers, as this is a regional meet).
2. Entry fees are \$7.00 per individual event. No charge for relays.
3. A swimmer may enter a **maximum of 7 individual events**.
4. Entries open on 1 December and close **11:59 pm, Sunday 5 January 2020**. No late entries will be accepted.
5. Entry lists will be sent back to Club recorders by **6 January 2020** for confirmation. Corrections are to be sent to the recorder by **8 January 2020**. Re-seeding is at the recorder's discretion.
6. Swimmers must submit, with entries, **1 timekeeper or other official per family**. If the requisite number of timekeepers and officials is not supplied, the organiser reserves the right to decline a swimmer's entries.

### Rules of the Competition

7. Events will be conducted under SNZ Regulations and FINA Rules, except where local meet rules are specified in this flier.
8. The meet will be swum in a short course (25m) pool with manual timing.
9. All swimmers registered with a club affiliated to SNM are eligible to enter and compete for prizes, except that only Country Club swimmers are eligible for the Life Members Cup.
10. Swimmers aged 12 years and under shall not compete in a technical swim suit. A technical swim suit is one that has bonded seams, kinetic tape or meshed seams. Refer to SNM Standing Orders for precise definition.
11. **Visitors:** Swimmers affiliated to a region other than SNM may enter and compete as visiting swimmers but will not be eligible to win any placing, cup or title except that, should a visiting swimmer place first, second or third in an event, they will receive a Visitor's ribbon.
12. All events will be Mixed Timed Finals resulted to age groups.
13. Age groups will be male and female 10 years and under, 11-12 years, 13-14 years, and 15 years and over. However, the 200m Freestyle, Backstroke, Breaststroke and IM will be scored as 12 & under, 13-14, and 15 & over. The 200m Butterfly will be scored as male and female Open.
14. All swimmers must be marshaled and competitors must be ready when called, otherwise the event will be started without them.
15. When the whistle is blown for the start of a race, there is to be silence and no movement on poolside.
16. Feet first entry into the pool for all backstroke events, no swim backs.
17. The one start rule will apply.
18. After a race, each competitor is to remain in his/her lane until instructed to leave by the Referee's whistle. While exiting the pool, competitors must swim under the lane ropes and exit at the side.
19. Protests must be lodged in accordance with SNZ Regulation 4. The bond will be \$50.00 and will be refunded if the protest is upheld.

### **Withdrawals (Scratchings)**

20. Entrants wishing to withdraw from events must do so in writing. Withdrawal forms are available from the recorder's table. Refunds only granted on medical grounds and only for withdrawals prior to start of the meet. The Meet Director will determine acceptability on all withdrawals for medical reasons.
21. Session 1: Withdrawals to [recorder@nelsonsouthswimming.org.nz](mailto:recorder@nelsonsouthswimming.org.nz) by midnight Thursday.
22. Session 2: Withdrawals to the recorder's table at least 30 minutes before the start of Session 2.
23. Late withdrawals must also be reported on a Withdrawal form to the recorders' table. 'No shows' will incur a fine of \$10 which must be paid before a swimmer may enter any subsequent SNM meet.

### **Prizes**

24. Ribbons will be awarded to the first, second and third place winners in individual events. Finalist Ribbons will be presented to 4th to 6th place winners to mark their achievements.
25. Gold, silver and bronze medals will be presented to the SNM Country Club swimmers who score the most points in each age group, and to the overall top three swimmers in each age group irrespective of club (visitors not eligible). Scoring will be by the Buchanan Cup point system (SNM Rule T2.5).
26. Trophies and age group medals will be awarded after the meet. Ribbons will be distributed to team managers or posted.
27. SNM Country Clubs are: Golden Bay, Kaikoura, Motueka, Murchison, and Waimea swimming clubs.
28. The **CREST Cup** will be awarded to the **Country Club** scoring the most points at this meet, using the Buchanan Cup point system (SNM Rule T2.5).
29. The **Life Members Cup** will be awarded to the **Best All Round Country Club Swimmer**. Open to Country Club swimmers registered as Competitive swimmers with Swimming Nelson Marlborough and SNZ. **Contenders must complete events in all four strokes** (not including medley). For this trophy, events will be scored using Hy-Tek Single Year Age Group Points, and the swimmer with the most total points from their best six individual events shall be the winner. Hy-tek points are based on how close a swimmer's time is to an international standard for the swimmer's age, rather than placing in the event.

### **Relays**

30. Relay events will be scored, with club points awarded the same as for individual events.
31. There is no entry fee for relay entries. There is a maximum of three teams per club per relay event.
32. Teams for mixed 4x50 relays must have—
  - \* for 10 & under, 11-12: any combination of boys and girls
  - \* for 13-14, 15 & Over: 2 or more girls. For mixed relays, a swimmer may 'swim up' to a higher age group but in such case may not compete in another mixed relay of the same type (i.e. freestyle)
33. Clubs without sufficient swimmers of required age and gender may combine with another club and may submit entries up to 30 minutes after the previous session or, if

there are open lanes, up to 30 minutes prior to the relay event. Any such mixed club entries shall be exhibition only and shall not score points.

**SNM Country & Town Championships 2020**

**Saturday, 11 January 2020**

**Session Plan and Order of Events**

| <b>Session 1: Warm up 8.30am, start 9.30am</b> |                                     | <b>Session 2: Warm up 3.00pm, start 4.00pm</b> |  |
|--|-------------------------------------|--|--|
| 1  | Mixed 200 Breaststroke              | 12   | Mixed 200 Butterfly                    |
| 2  | Mixed 50 Backstroke                 | 13   | Mixed 50 Freestyle                     |
| 3  | Mixed 200 Freestyle                 | 14   | Mixed 100 Backstroke                   |
| 4  | Mixed 100 IM                        | 15   | Mixed 200 IM                           |
| 5  | Mixed 50 Butterfly                  | 16   | Mixed 100 Butterfly                    |
| 6  | Mixed 100 Breaststroke              | 17   | Mixed 50 Breaststroke                  |
| 7  | Mixed 200 Backstroke                | 18   | Mixed 100 Freestyle                    |
| 8  | Mixed 10 & Under 4x50 Medley Relay  | 19   | Mixed 10 & Under 4x50 Freestyle Relay  |
| 9  | Mixed 11-12 4x50 Medley Relay       | 20   | Mixed 11-12 4x50 Freestyle Relay       |
| 10   | Mixed 13-14 Years 4x50 Medley Relay | 21   | Mixed 13-14 Years 4x50 Freestyle Relay |
| 11   | Mixed 15 & Over 4x50 Medley Relay   | 22   | Mixed 15 & Over 4x50 Freestyle Relay   |