



Swimming Nelson Marlborough 2020 Long Course Championships

31st January – 2 February 2020
Nayland Pool, Nelson

Hosted By



Entry Information

Swimming Nelson Marlborough 2020 Long Course Championships

Entries

- Swimmers must be registered as competitive swimmers and financial on the SNZ database to be eligible.
- Age as at 31 January 2020.
- **Entries are to be submitted online using the SNZ database. Converted times allowed.**
- Entry fees are **\$7.50** per individual event, except for 800m and 1500m freestyle, which are **\$10.00** per entry. **Relays:** no entry fee.
- Swimmers may enter a maximum of 9 individual events.
- Swimmers entering the 800 or 1500 Freestyle must achieve the qualifying times specified in this flier. See Rule 15.
- **Entries will open on Wednesday 8 January 2019 and close Tuesday 28 January 2020 at 11:59pm.** Late entries may be accepted at the discretion of the Registrar and will incur a penalty equal to the entry fee (i.e. entry fees will be double the normal rate). Entry fees must be paid online or via clubs.
- **Clubs must submit, by Tuesday 28 January, one named timekeeper or other official for every swimmer entered in the meet.** If the requisite number of timekeepers and officials is not supplied, SNM reserves the right to decline some or all of the entries submitted by the club. Families with multiple swimmers are expected to do multiple sessions.

Rules of the Competition

1. All events will be conducted under SNZ Regulations and FINA Rules, except where noted in this flier.
2. The meet will be long course, with automatic timing.
3. Swimmers aged 12 years and under at the start of the meet shall not compete in a technical swimsuit. A technical swim suit is one that has bonded seams, kinetic tape or meshed seams. Refer to SNM Standing Orders for precise definition.
4. All swimmers must be in the marshalling area prior to their event, as all events will start promptly. Competitors must be ready when called, otherwise the event will be started without them.
5. Swimmers in the start area waiting for the next race may adjust the footrest on the starting blocks during an event but must do so quietly, without interfering with officials, and then promptly move behind the timekeepers.
6. Entry to the pool for backstroke events will be feet first; there will be no swim backs.
7. When the whistle is blown prior to the start of each race, there is to be silence and no movement on poolside.
8. The one start rule shall apply.
9. Over the top starts will be used for both prelims and finals.
10. Competitors are to remain in their lane until instructed to leave by the Referee's whistle. While exiting the pool, competitors must swim UNDER the lane ropes and exit at the side of the pool (not the end).
11. Questions about Disqualifications are to be raised with the Meet Director by a team manager, not a swimmer, parent or other person. Protests must be lodged in accordance with SNZ Regulation 4. The bond shall be \$50 and shall be refunded if the protest is upheld.
12. **Visiting swimmers:** Visiting swimmers from outside of the SNM region may enter and compete but shall not be eligible to win any cup or title. Should a visiting swimmer finish first, second or third in an event, he or she shall receive a Visitor's medal and standard medals shall be awarded to the top three SNM swimmers. If more than two visiting swimmers qualify for the final in any one event, only the top two visiting qualifiers shall contest that final.
13. **Events and age groups** are as follows:

All 50m & 100m events, plus 200m free, back, breast, and IM:	9&U, 10, 11, 12, 13, 14, 15&O (M&F)
200m fly, 400m IM, 400m, 800m & 1500m free:	11&U, 12, 13, 14, 15&O (M&F)
14. The following events will be **timed finals** with no prelims: 50m backstroke, breaststroke, and butterfly; 200m butterfly and all events for the 9&U and 10-year-old age groups; the 400m IM; the 400m freestyle for 12&U, the 800m and 1500m freestyle; and all relays. All other events will have mixed prelims in the morning with age group finals the same afternoon.
15. If you do not have a time for the 200m butterfly or a 400m event before the meet you are not permitted to enter any of these events.

16. **Long distance events** will be timed finals and have entry restrictions as follows:
 800m Free: Qualifying time for all swimmers is 12:00:00, limited to fastest 32 girls and 8 boys.
 1500m Free: Qualifying time for all swimmers is 21:00:00, limited to fastest 16 boys and 8 girls.
 Other swimmers who enter these events but do not make the cut will have their entry fees refunded.
17. All prelims will be straight seeded, i.e. fastest 8 swimmers in last heat, next 8 in 2nd to last heat, etc.
18. Finals with four or more swimmers in an age group will be seeded in the middle of the pool. Such finals may be combined with other age groups with one or two swimmers seeded in outer lanes. Two or more finals with less than four swimmers may be combined.
19. During long distance events, no official times will be recorded for distances less than the full distance.
20. Events shall be scored according to rules for the Buchanan Cup (1st =28, then 22, 17, 13, 10, 8, 6, 4)
21. Medals will be presented for first, second and third place in the individual events. Finalist ribbons will be presented to the other finalists (4th – 8th) to mark their achievement.
22. Medals will be presented during sessions 2, 3, 4 and 5. Final prizegiving will be after Session
23. Protests shall be as per SNZ regulation 4. This bond shall be \$50 and shall be refunded if the protest is upheld.
24. Team Managers must check for any disqualifications before they leave the venue after each session to enable them to lodge a protest within the required timeframe (*Should they choose to lodge a protest*)

25. Relays

- **Laurie Crabb Cup:** Club relay. Mixed 15 & Under 600m (12x50m) Medley – each swimmer shall complete 50m. A minimum of one swimmer from each age group (11&U, 13&U, 15&U) to swim each stroke. A minimum of one boy and one girl of each age group to swim each stroke, with teams of 12 consisting of 6 boys and 6 girls, 4 in each age group. Each swimmer to swim 50m. Swimmers can swim ‘up’ into an older age group if all other criteria are met. Entries submitted at meet.
- **Ton Boulton Cup:** Club relay. Women’s 4x100m Freestyle. Entries via Team Manager or online.
- **Workers Co-op Shield:** Club relay. Men’s 4x100m Freestyle. Entries via Team Manager or online.
- **Adam and Eve 100m Relay:** The 8 fastest males and 8 fastest females (no Visitors) in the 50m freestyle are paired– 1st fastest male with 8th fastest female, 2nd fastest with 7th fastest, etc. (irrespective of clubs). Each relay swimmer swims 50m freestyle. Entries determined by Meet Recorder based on each swimmer’s personal best (either their seed time or, if faster, a time from this meet). Swimmers determine relay order at meet.
- The **JG Bacon Memorial Cup** is an inter-province competition between Nelson and Marlborough. Mixed 400m Medley - 8 swimmers per side, 1 male and 1 female swimmer to each stroke, each swimmer to swim 50m. Entries submitted at meet. The order of swimming shall be female swimmer followed by male swimmer in each stroke.
- Other 4x50 and 4x100 relays are mixed gender. For 12&Under relays, a mixed relay team may have any combination of boys and girls. For 13-14 or 15&Over relays, a mixed relay team must have at least two girls. For mixed relays, a swimmer may ‘swim up’ to a higher age group but in such case may not compete in another mixed relay of the same type (i.e. freestyle). Note: a swimmer may compete in both a mixed freestyle relay and the Ton Bolton or Workers’ Coop relay, as these are open events.
- All relays except the Bacon Cup and Adam & Eve relays will count for standard points for club trophies, i.e. same as individual events.
- Lead off leg times will be taken as legal splits only for 4x50 and 4x100 relays and only for teams that enter by meet entry deadline. Other relay teams may enter up to 30 minutes after the end of the preceding session by submitting the names of swimmers’ in each relay team and their order of swimming.

26. Club Trophies

- **J.R. Buchanan Club Points Trophy** – SNM club with the most points overall.
- **Y.M.C.A. Cup** – SNM club with highest points per entry. (Excludes relay points and relay entries). No reduction in entry numbers for scratches after entry deadline.

27. **Marie Saul Cup** – Best All-Round swimmer. Each contender’s results (including prelims) are compared with the SNM Open Record for those events. The winner is the swimmer with smallest total percentage difference from the Open records across the swimmer’s best seven results, which must include all four strokes (200m or 400m IM can count for one stroke).

28. Age Group trophies

- Trophies will be awarded to the boy and girl in each age group who accumulate the most points from the individual events noted below.
- Trophies shall be awarded to the male and female swimmers who earn the most points in each age group.
 To be eligible to win these trophies:
 Swimmers 10 years and under must complete (without disqualification) at least one IM event

- Swimmers 11 years and over must complete (without disqualification) a prelim or a final in either the 200 IM or 400 IM"
- **Eligibility criteria:** To be considered for **trophies**, swimmers must enter and complete events as follows:
9 & Under and 10 year olds: at least three strokes (one of which can be an IM)
11 and 12 year olds: at least three strokes *plus* 200 IM (12 year olds may choose the 200 IM or 400 IM)
13, 14 and 15 & Over year olds: all 4 strokes *plus either* 200 IM or 400 IM
N.B. An event in which a swimmer is disqualified will not contribute to meeting these eligibility criteria, unless they have completed a prelim in that event without a disqualification.
- **Events** for scoring points towards trophies:
Gane Family Cups (9 years & under): All 50m, 100m & 200m events except 200 fly
Margaret Young Trophy (10 year olds): All 50m, 100m & 200m events except 200 fly
Baigent-Holland Family Cups (11 year olds): All events
Durrant Family Trophy (12 year olds): All events
Trevurza Family Cups (13 year olds): All events
Pattison Family Cups (14 year olds): All events
Rukuwai Family Cups (15 years & over): All events

WITHDRAWALS (SCRATCHING):

29. Once entries have closed, entry fees will only be refunded on presentation of a medical certificate, and only if the withdrawal is notified prior to the start of the meet. The Meet Director shall determine the acceptability on all matters where medical reasons or hardship are claimed. Scratching sheets are available from the recorder's table. No reseeding will be done once programmes have been printed.
30. All withdrawals must be submitted in writing by team managers or club recorders, as follows:
- For session 1, by 6 pm, Thursday 30 January 2020 (by email to snmregistrar@gmail.com)
 - For sessions 2-5, withdrawals from a final must be submitted not later than 30 minutes after results for the corresponding preliminary heats have been posted. Withdrawals from prelims must be notified no more than 30 minutes after the end of the preceding session.
31. **Important:** For finals, including timed finals, **a swimmer who is entered in but does not swim in a final and does not scratch in accordance with these rules will be fined \$20.** Late withdrawals for medical reasons are subject to approval by the Meet Director. Swimmers are not eligible to enter future SNM meets until fines have been paid.

QUALIFYING TIMES

Event		All swimmers
800 Free		12:00.00
1500 Free		21:00.00

See also Rule 15 in this flyer

Schedule of events

Prizegiving ceremonies will be held throughout sessions 2, 3, 4 and 5. Prizegiving for a given event will generally be held following the completion of the next event. For example, prizegiving for event 6 will be held immediately after event 7. Final prizegiving will follow Session 5 at approximately 6:45 pm Sunday.

Session 1	Friday		Warm up 6:00pm Starts 8:00pm							
1	Girls	800	Freestyle	Final		Session 4	Sunday			
2	Boys	1500	Freestyle	Final				Warm up 7.15am Starts 8:00am		
Session 2	Saturday		Warm up 7.15am Starts 8:00am			21	Boys	800	Freestyle	Final
3	Girls	1500	Freestyle	Final		22	12&U	400	Freestyle	Final
4	11&O	400	IM	Final		23	13&O	400	Freestyle	Prelim
5	10&U	100	Breaststroke	Final		24	Mixed	50	Butterfly	Final
6	11&O	100	Breaststroke	Prelim		26	11&O	100	Backstroke	Prelim
7	11&O	50	Freestyle	Prelim		27	10&U	200	Breaststroke	Final
8	10&U	200	Backstroke	Final		28	11&O	200	Breaststroke	Prelim
9	11&O	200	Backstroke	Prelim		29	AgeGrp	200	Butterfly	Final
10	11&O	100	Butterfly	Prelim		30	11&O	100	Freestyle	Prelim
11	Mixed	50	Breaststroke	Final		31	10&U	200	IM	Final
12	11&O	200	Freestyle	Prelim		32	11&O	200	IM	Prelim
13	Mixed	8x50	Medley Relay Bacon Cup			33	Mixed	12X50	Laurie Crabb Medley Relay	
Session 3	Saturday		Warm up 3.15pm Starts 4:00pm			Session 5	Sunday		Warm up 2.15pm Starts 3:00pm	
14	Mixed	50	Backstroke	Final		23	AgeGrp	400	Freestyle	Final
6	AgeGrp	100	Breaststroke	Final		25	10&U	100	Backstroke	Final
15	10&U	50	Freestyle	Final		26	AgeGrp	100	Backstroke	Final
7	AgeGrp	50	Freestyle	Final		28	AgeGrp	200	Breaststroke	Final
9	AgeGrp	200	Backstroke	Final		34	10&U	100	Freestyle	Final
16	10&U	100	Butterfly	Final		30	AgeGrp	100	Freestyle	Final
10	AgeGrp	100	Butterfly	Final		32	AgeGrp	200	IM	Final
17	10&U	200	Freestyle	Final		35	12&U	200	Freestyle Relay	Final
12	AgeGrp	200	Freestyle	Final		36	13-14YO	200	Freestyle Relay	Final
18	12&U	200	Medley Relay	Final		37	Girls	400	Freestyle Relay	Final
19	13-14YO	400	Medley Relay	Final		38	Boys	400	Freestyle Relay	Final
20	15&O	400	Medley Relay	Final		39	M&F	2x50	Adam & Eve Relay	