

SOUTH ISLAND SHORT COURSE CHAMPIONSHIPS EVENT SCHEDULE

BLENHEIM, 2023

Day 1 - Heats WARM UP: 7:15AM RACING STARTS: 8:00AM			Day 2 - Heats WARM UP: 7:15AM RACING STARTS: 8:00AM			Day 3 - Heats WARM UP: 7:15AM RACING STARTS: 8:00AM		
2 200 Indi 3 400 Free 4 400 Free 5 100 Bacc 6 100 Bacc 7 50 Breas 8 50 Breas 9 200 Butt 10 200 Butt 11 100 Free 12 100 Free 13 400 Free 14 400 Free	estyle kstroke (incl Para) kstroke (incl Para) ststroke ststroke		18 19 20 21 22 23 24 25 26 27 28 29 30 31	800 Freestyle (TF) 400 Individual Medley 50 Backstroke (incl Para) 50 Backstroke (incl Para) 100 Individual Medley (incl Para) 100 Butterfly 100 Butterfly 800 Freestyle (TF) 200 Breaststroke 200 Breaststroke 50 Freestyle (incl Para) 50 Freestyle (incl Para) 400 Medley Draft Relay - 15 & under 400 Medley Draft Relay - 16 & over 400 Medley Draft Relay - 16 & over	F M F M F M F M F M F M F	34 400 35 50 B 36 50 B 37 100 38 200 39 200 40 1500 41 100 42 100 43 200 44 200	D Freestyle (TF) Individual Medley utterfly utterfly Individual Medley (incl Para) Backstroke Backstroke D Freestyle (TF) Breaststroke (incl Para) Breaststroke (Freestyle (Incl Para) Freestyle Freestyle Freestyle 50 Free Mixed Draft Relay	M F M F M F M F
Day 1 – Age Group Finals WARM UP: 2:45PM RACING STARTS: 3:30 PM			Day 2 – Age Group Finals WARM UP: 2:45PM RACING STARTS: 3:30PM			Day 3 - Age Group Finals WARM UP: 12:45PM RACING STARTS: 1:30PM		
2 200 In 3 400 Fr 4 400 Fr 201 100 Ba 5 100 Ba 6 100 Ba 7 50 Bre 8 50 Bre 9 200 Br 10 200 Br 202 100 Fr 11 100 Fr	dividual Medley dividual Medley eestyle eestyle ackstroke ackstroke aststroke aststroke utterfly utterfly eestyle eestyle eestyle eestyle	M F M F PAR M F M F M F PAR M F	17 18 203 19 20 21 22 23 24 25 26 204 27 28	800 Freestyle (FTF) 400 Individual Medley 50 Backstroke 50 Backstroke 50 Backstroke 100 Individual Medley 100 Butterfly 100 Butterfly 800 Freestyle (FTF) 200 Breaststroke 200 Breaststroke 50 Freestyle 50 Freestyle	F M PAR F M F M PAR F M	33 150 34 400 35 50 36 50 205 100 37 100 38 200 40 150 206 100 41 100 42 100 43 200	DWN LANES AVAILABLE AT THIS OF Free (FTF) O Individual Medley Butterfly O Individual Medley O Individual Medley O Backstroke O Backstroke O Freestyle (FTF) O Breaststroke O Breaststroke O Breaststroke O Freestyle O Freestyle	SESSION M F M F PAR M F PAR M F PAR M F PAR M F

NO WARM DOWN LANES
AVAILABLE AT THIS SESSION