



SCWC "Time for a Swim" Meet

25th & 26th March 2023

Westland Recreation Centre, Greymouth

Session 1: 25th March 2023 Warm Up 7:30am; Start 8:30am

Session 2: 25th March 2023 Warm Up 12:30pm ; Start 1:30pm

Session 3: 26th March 2023 Warm Up 7:30am; Start 8:30am

Session 4: 26th March 2023 Warm Up 12:30pm; Start 1:30pm

Technical Advisor – Stuart Challenger

This Open Meet is a SNZ Development Meet and will be swum in conjunction with the 2023 South Island Country and Town Competition

Conditions of Entry

1. All registered competitive and club swimmers are eligible to enter. There are Not Faster Than times for all ages and events, and No Time (NT) entries are permitted.
2. Para swimmers are eligible to compete at this meet and shall compete under IPC Swimming Rules.
3. Age as at 25th March 2023
4. Entry Fees are: Individual Entry \$5.00
5. Individual entries should be done online and close on **Wednesday 22nd March 2023 at 3pm**. Any clubs that enter for their swimmers will be invoiced at the conclusion of the meet.
6. There will be no refunds on entry fees except as per the scratching rules.
7. Swimming Canterbury West Coast reserves the right to restrict entries to ensure the timeline and the Health and Safety requirements at the venue are adhered to.
8. Submission of entries constitutes acceptance of these Meet Rules and Conditions.
9. No late entries will be accepted.
10. Please check names, entries and events are correct on receipt of confirmation. Corrections will only be made to entries where errors have occurred. Final psych sheets will be posted on the website on the Thursday prior to the meet.

MEET RULES

General

1. The meet will be conducted under Swimming New Zealand's 'SNZ Regulations & By-Laws, FINA Rules' except where local meet rules and conditions apply. The SCWC Technical Suit Policy for swimmers 12 years and under will apply at this meet.
2. **All those entering or attending the event acknowledge that, should they:**
 - **Test positive for COVID-19, or**
 - **Display symptoms of COVID-19, or**
 - **Be waiting on results from a COVID-19 test,****before, during, or after the event, they will contact the event organiser immediately and withdraw from the event whilst self-isolating.**

All entering or attending this competition acknowledge that the competition is subject to the restrictions imposed under the COVID-19 Protection Framework at the time of the event. If such restrictions change in the lead-up to or during the competition, participants and volunteers acknowledge that this event may be cancelled.

3. ***This meet is being swum in conjunction with the 2023 South Island Country and Town Competition (SIC&T). Each event will be swum following the event of the same stroke and distance in the SIC&T Competition, ie Event 3a in this meet, will be swum immediately following Event 3 of the SIC&T meet***
4. Events will be swum as timed finals and swum mixed gender - seeded slowest to fastest, results will be resolved into age groups
5. Reseeding may be done at the discretion of the Technical Advisor and/or Referee.
6. Full Electronic Timing will be used at this meet
7. Over the top starts will apply for individual events.
8. **There will be no disqualifications for minor infringements but please note that, as permitted by SNZ Event Policy 007 disqualifications for any serious infringement observed will stand.** Entry into the pool for backstroke events shall be feet first. No swim back permitted.
9. Please exit the pool at the side. **Do not** swim over the lane ropes.
10. **Cameras and Photography**

SCWC and/or the host Club may take photos and videos may be taken during the meet: all spectators and athletes agree to allow photos, video and audio recording to be taken by an SCWC approved and/or accredited person to be used for any legitimate purposes by SCWC and/or the meet organisers. Any concerns should be directed to the meet organisers. Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose, with the exclusion of personal cell phones. The meet organisers will, at their sole discretion, determine whether or not an item which could be used for the purposes of taking photos, video or audio recordings is permitted for use during the meet. Photos remain copyright of the approved/accredited person.

Scratchings / Withdrawals

1. All event scratchings received before midnight **23rd March 2023** will be exempt from Entry Fees.
2. Scratchings for the first session must be submitted by 12.00pm **Friday 24th March 2023** to greymouth.swimclub@gmail.com
3. Scratchings for subsequent sessions must be submitted no later than 15 minutes after the completion of the session before.
4. Swimmers will be deemed to have withdrawn if they do not report to the Clerk of Course (Marshall) at the appropriate time prior to their event and the withdrawal fee will apply.
5. A \$20.00 fine will apply without excuse to all late or non-scratching from events.
6. Refunds may be considered, providing a medical certificate is provided

Warm Up -

1. Warmup is to be conducted under the consultation and guidance of all coaches.
2. Warmup commences 1 hour prior to the start of each session.
3. Backstroke start devices will be available for use during each warmup period.
4. Warm-down lane/s will be available in the Learn to Swim pool from the start of each competition session.

Marshalling

1. Located in the foyer of the Westland Recreation Centre, by the doors to the deep end of the pool.
2. Athletes must remain in the marshalling area until their heat.
3. Athletes are to marshal 6 races prior to their own for all 50m events and 4 races prior to their heat for all other events.

Seating

1. No athlete, manager or coach is to stand and/or sit on the pool deck during the competition sessions, use the seating available in the grandstand OR the designated coach's area on the pool deck.
2. The seating plan will be published on the event page
3. Team Managers are asked to ensure athletes with allocated seating do not procure additional seats.

Age Groups

1. Age groups are 13 & under, 14-15 years, and 16 & over for all individual events.

Results

Results will be posted at the venue and on Meet Mobile- there are no prizes for this meet.

Meet Organiser

Sally Gallant: greymouth.swimclub@gmail.com

Officials Convenor

Stuart Challenger

Officials Convenor to advise all those officiating at the meet that they are required to report to the referee at the start of warm-up please. Referees, IOTS & the Chief Timekeeper need to report in plenty of time. Earlier than the start of warm-up is preferable.

SCHEDULE OF EVENTS

Saturday 25th March 2023

Session 1 Warm-up from 7:30am, racing from 8:30am

- Event 3a Mixed 50m Butterfly
- Event 5a Mixed 200m Freestyle
- Event 7a Mixed 100m Breaststroke
- Event 9a Mixed 200m Individual Medley

Saturday 25th March 2023

Session 2 Warm-up from 12:30pm, racing from 1:30pm

- Event 10a Mixed 12 & Over 400m Freestyle
- Event 12a Mixed 50m Breaststroke
- Event 14a Mixed 200m Backstroke
- Event 16a Mixed 100m Butterfly

Sunday 26th March 2023

Session 3 Warm-up from 7:30am, racing from 8:30am

- Event 20a Mixed 50m Backstroke
- Event 22a Mixed 100m Freestyle
- Event 23a Mixed 12 & Over 200m Butterfly
- Event 25a Mixed 100m Individual Medley

Sunday 26th March 2023

Session 4 Warm-up from 12:30pm, racing from 1:30pm

- Event 26a Mixed 12 & Over 400m Individual Medley
- Event 28a Mixed 50m Freestyle
- Event 30a Mixed 200m Breaststroke
- Event 32a Mixed 100m Backstroke

LIST OF EVENTS

“NOT FASTER THAN” TIMES- MALE AND FEMALE

	<i>13 & Under</i>	<i>14-15 yrs</i>	<i>16 & Over</i>
<i>50m Free</i>	29.50	27.80	27.50
<i>100m Free</i>	1:04.00	1:00.00	59.70
<i>200m Free</i>	2:21.00	2:15.00	2:10.50
<i>400m Free</i>	4:57.50	4:44.00	4:40.00
<i>50m Back</i>	34.30	32.60	32.00
<i>100m Back</i>	1:12.50	1:11.50	1:10.00
<i>200m Back</i>	2:39.80	2:32.50	2:31.60
<i>50m Breast</i>	38.60	36.50	36.30
<i>100m Breast</i>	1:23.00	1:20.00	1:19.00
<i>200m Breast</i>	3:05.00	2:55.00	2:54.00
<i>50m Fly</i>	33.50	32.00	30.50
<i>100m Fly</i>	1:15.80	1:11.50	1:10.50
<i>200m Fly</i>	2:51.80	2:39.50	2:38.00
<i>100m IM</i>	1:14.50	1:11.40	1:10.30
<i>200m IM</i>	2:42.60	2:38.00	2:37.00
<i>400m IM</i>	5:59.00	5:42.00	5:40.00