



# SOUTH ISLAND COUNTRY & TOWN COMPETITION



## Saturday 25 & Sunday 26 March 2023 at Westland Recreation Centre in Greymouth

The purpose of this competition is to provide a short course racing opportunity to members aged 12 years and older who are perhaps new to the sport or are yet to qualify for the long/short course zonal championships.

This competition is open to all registered, at the time of competition, Swimming NZ members aged 12 years or older who have met the entry criteria.

Upon entering this competition, all participants have agreed to comply with the Sports Anti-Doping Rules and allow photographs, video, multimedia, or film likeness taken by accredited photographers to be used for any legitimate purpose by the host region, or others that the Makos Zonal Committee has approved and comply with any COVID-19 restrictions and protocols in place at the time of this competition

The host region reserves the right to restrict entries to ensure the timeline is adhered to and will endeavour to obtain the necessary number of technical officials. Still, the number on the pool deck may be more or less than the requirement set out in Swimming New Zealand approval criteria. The pool deck is only for accredited personnel and event volunteers; all other persons are to be seated or standing in the designated areas.

This document may be amended, please check the event page on the host region's website to ensure you have the current version.



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**Venue Address:** Westland Recreation Centre  
83 High Street, Greymouth



### EVENT SCHEDULE

#### Saturday Session 1

Warm-up from 7:30am, racing from 8:30am

1	1500m Freestyle	Mixed
2	50m Butterfly	M
3	50m Butterfly	F
4	200m Freestyle	M
5	200m Freestyle	F
6	100m Breaststroke	M
7	100m Breaststroke	F
8	200m Individual Medley	M
9	200m Individual Medley	F

#### Saturday Session 2

Warm-up from 12:30pm, racing from 1:30pm

10	400m Freestyle	Mixed
11	50m Breaststroke	M
12	50m Breaststroke	F
13	200m Backstroke	M
14	200m Backstroke	F
15	100m Butterfly	M
16	100m Butterfly	F
17	4x50m Medley Relay	Mixed

#### Sunday Session 3

Warm-up from 7:30am, racing from 8:30am

18	800m Freestyle	Mixed
19	50m Backstroke	M
20	50m Backstroke	F
21	100m Freestyle	M
22	100m Freestyle	F
23	200m Butterfly	Mixed
24	100m Individual Medley	M
25	100m Individual Medley	F

#### Sunday Session 4

Warm-up from 12:30pm, racing from 1:30pm

26	400m Individual Medley	Mixed
27	50m Freestyle	M
28	50m Freestyle	F
29	200m Breaststroke	M
30	200m Breaststroke	F
31	100m Backstroke	M
32	100m Backstroke	F
33	4x50m Freestyle Relay	Mixed

## FACILITY'S HEALTH AND SAFETY GUIDELINES

**Pool Deck:** During the competition, only essential personnel (Technical Officials and Timekeepers) are allowed on the pool deck. Coaches are to always remain in their designated area.

**General:** Be careful on the tiered seating, it can get very slippery. Fire exits and clearways are always to remain clear.

**Evacuation Procedure:** If the pool requires evacuation, you will be guided by Westland Recreation Centre staff, please remain calm and follow instructions.

## OFFICIALS AND VOLUNTEERS

Officials and volunteers will play a vital role in the successful delivery of the South Island Country & Town Meet so to fortify our ability to achieve success and meet the Swimming NZ Designated approval standards please advise your availability via the **Duty Form**, accessible [here](#).

- The duty form will close at 8:00pm on Saturday, 19 March and the roster will be published on Thursday, 23 March on the event page.
- A meeting will be held at 8:15am, before the start of session 1, in the meeting room next to the meet managers office on the far side of the pool deck.
- Remember to bring your own water bottle.

## ATHLETE ELIGIBILITY

- Age as of 25 March 2023.
- Qualifying period is between 1 January 2022, and 15 March 2023.
- Open to all registered, at the time of competition, Swimming NZ members aged 12 years or older who met the qualifying times from either a Designated or Development meet.
- Para athletes will compete alongside their able-bodied peers, however, are not required to meet the qualifying times but must have a recorded entry time that is accessible on the Swimming NZ Results database achieved from either a Designated or Development meet within the qualifying period. In other words, No Time (NT) will not be accepted for any individual event.
- Athletes who are not affiliated with a club in the Makos Zone will be considered a visitor.
- All athletes shall only enter the events that they have qualified in.
- The published qualifying times are shown as short course (25m) however long course times will be accepted, and automatically converted during the entry process.

## ENTRY DETAILS

- **Individual entries** close on Thursday, 16 March 2023 and the entry is \$9.00 per event.
- **Relay entries** close on Friday, 17 March 2023 and the entry fee is \$16.00 per team, per event.
- No late entries will be accepted.
- No split times will be accepted as an athlete's entry time.
- All outstanding entry fees will be invoiced to each region by the host at the close of entries.
- There will be **no refunds** if an athlete withdraws once the final psych sheets have been published. However, medical withdrawals may be considered if a medical certificate or evidence of a positive COVID-19 test is presented within 24 hours of the completion of the competition.

## PARA ATHLETES

- Para athletes do not have to meet qualifying times, but a valid entry time is required.
- Para athletes will be judged as per World Para Swimming rules (FINA rules plus the athlete's relevant exceptions) for the entirety of the meet.
- Para athletes will be seeded and race with able-bodied athletes for all events.
- Para awards will be resulted and distributed for the 50m and 100m Backstroke, Breaststroke, Freestyle, Butterfly, and Individual Medley, as open mixed timed finals, based on the percentage of the Para athlete's time compared to the World Record for their classification.

## MEET CONDITIONS

The South Island Country & Town Competition will be swum under Swimming NZ swimming rules, policies, and regulations with the following specific conditions and criteria

- The meet will be swum short course (25m) using electronic timing.
- Over-the-top starts may be used.
- All individual and relay events will be swum as timed finals.
- .Age Groups: 12-13 years, 14-15 years, 16 years & over.

### Relay Teams

- The relay events are open (no age group requirements) and can consist of either 2 males & 2 females, or 1 male & 3 females, or 3 males and 1 female.
- All team members must be affiliated with the same club.
- Each team member must have entered at least one individual event.

### Coaches and Managers Accreditations

Clubs are to complete the Coaches and Managers form in the Swimming NZ database no later than Thursday 23 March. *Note: coaches and team managers must be active registered members of Swimming NZ and have a current police vet accreditation accessible on their Swimming NZ profile.*

### Withdrawal Procedure

- Please notify the host region no later than 30 minutes before the start of the session if your athlete is scratching or withdrawing from an event.
- No penalties will be incurred because of withdrawing or scratching, however, entry fees will not be refunded after the publication of the final psych sheets.
- Refunds may be considered, providing a medical certificate or evidence of a positive COVID-19 test is presented within 24 hours of the completion of the competition.

### Protests

- Protests must be submitted to the Referee, in writing, on the protest form by the team manager within 30 minutes following the conclusion of the respective event and be accompanied in cash by the \$100.00 protest fee.
- If conditions causing a potential protest are noted prior to the event, a protest must be lodged before the signal to start is given.
- All protests shall be considered by the Referee. If the Referee rejects the protest, they must state the reasons for their decision.
- The Club Team Manager may appeal the rejection to the Jury of Appeal whose decision shall be final. If the protest is rejected, the fee will be forfeited to the host region, If the protest is upheld the fee will be returned.

### Strapping

Athletes with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Referee prior to swimming. Any athlete without such documentation will not be permitted to swim with strapping.

## ADDITIONAL INFORMATION

### Warm-Up and Warm-Down Procedure

- Warmup is to be conducted under the consultation and guidance of all coaches.
- Warmup commences 1 hour prior to the start of each session.
- Backstroke start devices will be available for use during each warmup period.
- Warm-down lane/s will be available in the combined from the start of each competition session.

### Marshalling Process

- Located in the foyer of the Westland Recreation Centre, by the doors to the deep end of the pool.
- Athletes must remain in the marshalling area until their heat.
- Athletes are to marshal 6 races prior to their own for all 50m events and 4 races prior to their heat for all other events.

### Seating

- No athlete, manager or coach is to stand and/or sit on the pool deck during the competition sessions, use the seating available in the grandstand OR the designated coach's area on the pool deck.
- The seating plan will be published on the event page of the host region.
- Team Managers are asked to ensure athletes with allocated seating do not procure additional seats.

### Event Documentation

- Draft reports will be emailed directly to all entered participants and their affiliated clubs following the close of individual entries.
- Corrections are to be submitted no later than 8:00pm on Sunday 19 March and the final reports will be published on the host region's website no later than Monday 20 March.
- Meet Programmes will be published on the host region's website no later than Thursday 23 March. *Note: there will be no programs available at this competition.*

### Presentation Ceremonies

- Refer to the session timeline for the ceremonies, every endeavour will be made to run as timetabled.
- Substitutes may be used if athletes are marshalling, however, they must be of the same gender as the athlete due to be receiving the medal.
- No caps, goggles, or towels (wrapped around the waist) are to be worn.
- Athletes must advise the presentation official they are present.

## REWARDS

- Visitors, athletes who are not affiliated with a club that is aligned with the Makos zone, are not eligible for ribbons or points.
- Age Groups for both females and males during this competition are 12-13 years, 14-15 years and 16 years & over.
- Points will be awarded to individuals and relay teams as follows.

1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>
14	12	10	8	6	5	4	3	2	1

- Ribbons will be awarded to the top three (3) placegetters in all individual events, for each age group.
- Ribbons will be awarded to the top three (3) teams in all relay events.
- Para athletes will be awarded ribbons for the 50m and 100m Backstroke, Breaststroke, Freestyle, Butterfly, and Individual Medley, as open mixed timed finals, based on the percentage of the Para athlete's time compared to the World Record for their classification.
- Regional Competition Trophy is based on accumulated points across all events are to be divided by the number of competitors (at the commencement of the meet) each region must find the overall winner who will be presented with a trophy.
- Club Competition Trophy is awarded to the club with the highest accumulated individual points across the competition in the following two categories.
  - Clubs with 7 or more swimmers at the commencement of the meet.
  - Clubs with 6 or less swimmers at the commencement of the meet.

## ADDITIONAL INFORMATION FOR TEAM MANAGERS

**Team Manager's Meeting** will be held on Saturday, 25 March in the meeting room next to the meet managers office on the far side of the pool deck at 7:45am. Each club must have at least one representative at the meeting to ensure all information is delivered back to the team. Team Managers will be given a brief run-down of meet activities, expectations of athletes and clubs and general delivery of the event.





**Meet Programmes** will be available for printing on the event page no later than Thursday, 23 March. There will be no Programmes available at this competition.

**Results** will be posted as soon as possible, the shallow end of the main pool on the mobile white boards. Meet Mobile will be active and at the conclusion of each session, the results will be published on the event page.

**Session Timelines** will be included in the Meet Programme, however, the times shown are approximate and races may start before or after the times indicated.

**Club boxes and Event Forms** can be found in front of the meet managers office.

## KEY DATE REMINDERS

Thursday, 16 March at 11:59pm	Individual Entries Close	
Friday, 17 March at 11:59pm	Relay Entries Close	
Sunday, 19 March at 8:00pm	Submit Psych Sheet Corrections Duty Form Closes	
Monday, 20 March	Publication of the Final Psych Sheets	
Thursday, 23 March	Coaches and Managers Form to be completed Publication of the Competition Programme Publication of the Officials & Volunteer Roster	
Saturday, 25 March from 7:30am	Warm-up begins Team Managers Meeting at 7:45am Officials Meeting at 8:15am Racing starts at 8:30am	